

Title of Paper

Begin your paper with the paper title at the top of the first page of text. The paper title acts as a de facto Level 1 heading: It is centered and in bold title case font. Do not use the heading “Introduction”; text at the beginning of the paper is assumed to be the introduction.

APA Style headings have five possible levels. Each main section starts with the highest level of heading, even if one section has fewer levels of subheading than another section. For example, in a paper with Level 1 Method, Results, and Discussion headings, the Method and Results sections may each have two levels of subheading (Levels 2 and 3), and the Discussion section may have only one level of subheading (Level 2).

Level 2 Heading in the Introduction

Use Level 2 headings for any headings within the introduction, Level 3 for subsections of any Level 2 headings, and so on.

Level 2 Heading in the Introduction

Avoid having only one subsection heading within a section, just like in an outline. Use at least two subsection headings within a section or use no subsection headings at all (e.g., in an

for the next main section of the paper (e.g., Method).

Level 2 Heading

Use Level 2 headings for subsections of Level 1 headings. Do not label headings with numbers or letters.

Level 2 Heading

2, with parallel wording. In a single-experiment paper, the Method, Results, and Discussion

