

# Department of Psychology

PSYC 1013 1023

## Minor in Psychology

Students who wish to obtain a Minor in psychology are required to complete PSYC 1013 & 1023 Introduction to Psychology, and 12 additional credit hours in psychology.

## Major in Psychology

1. Specific requirements:

1. A minimum of 36 credit hours in psychology is required for a major
2. PSYC 1013 and 1023
3. PSYC 2013 and 2023 - both must be taken in 2nd year
4. at least two 3 credit-hour psychology courses at the 3000 level
5. at least one 4000 level seminar course in Psychology

2. at least 6 credit hours from the following division:

### FOUNDATIONAL COURSES :

2013 Introduction to Statistics) 1013 Perception

2153 Biological Psychology

2163 Drugs and Behaviour

3113 Hearing

3123 Visual Perception

3153 Advanced Biological Bases of Psychology

3423 Motivation and Emotion

### CLINICAL COURSES :

2253 Psychology of Personal Growth

2643 Abnormal Psychology (CRIM 2643; GERO 2643 Adult Psychopathology)

2653 Abnormal Child Psychology

2663 Dangerous Offenders: Assessment and Intervention (CRIM 2663)

3223 Health Psychology

3613 Models of Psychotherapy with Adults

3713 Madness and Medicine



3823, 3833, 3843 Special Topics  
4823, 4833, 4843 Special Topics: Seminar  
4883 Independent Study

## Honours Psychology

Students who are interested in pursuing graduate study in Psychology are advised to complete the Honours BA program. This program provides greater breadth and depth in the substantive and methodological areas of Psychology. Although not a requisite for advanced study in psychology, many universities strongly recommend the completion of an Honours degree and Honours thesis as an important part of preparation for graduate study in Psychology. In addition to meeting the general norms of the University for an Honours degree, students who wish to take the Honours B. A. program in Psychology must meet specific regulations of the Psychology Department.

The Department of Psychology offers courses leading to the BA (Honours) degree. Faculty can provide expertise in the substantive areas of cognition, neuropsychology, history of psychology, human development, child development, social psychology, social cognition, clinical psychology, personality, quantitative and qualitative methods, and psychometrics.

### 1. Admission to Honours

Entrance into the Honours program is competitive and the number of spaces available is limited. Usually, students accepted to the Psychology Honours program have a GPA of 3.7 or higher. Given the workload of the Honours program, students with a GPA of less than 3.7 are encouraged to seek the advice of the Department Chair before applying. Successful applicants will normally meet the following criteria:

- 1.

full-time Faculty Member who serves as the project advisor. Topics for Honours theses are developed in consultation with a full-time Faculty Advisor, and the research may employ quantitative or qualitative methods. Honours students are required to present orally their thesis proposals and completed thesis in a Proposal and Thesis Departmental Colloquium. Proposal colloquia are typically held in late October, while completed thesis colloquia usually are presented in April (exact dates will vary from year to year).

## 2. Program Requirements

1. Specific requirements:
  1. a minimum of 54 credit hours in psychology
  2. PSYC 1013 and 1023
  3. PSYC 2013 and 2023 must both be taken in 2nd year
  4. PSYC 3933 (Advanced statistics)
  5. PSYC 3943 (Advanced Research)
  6. PSYC 3963 (History of Psychology)
  7. PSYC 4996 (Honours thesis)
  8. at least one additional psychology course at the 3000 level
  9. at least one additional 4000 level psychology seminar course
- 2.

learning, memory, and cognition.

**PSYC-1023. Introduction to Psychology II**





**PSYC-3043. Qualitative Research Methods (RELG 3043, GERO 3043)**

This course is intended for 3rd-year Honours students who are considering using qualitative analysis in the research for their Honours thesis. It will address theoretical foundations of qualitative analysis, research ethics for qualitative researchers, and provide hands-on experience in developing a research question and collecting and analyzing data using basic qualitative techniques including observation, in-depth interviewing, and unobtrusive



**PSYC-3413. Advanced Social Psychology**

This course provides exposure to major current issues in the study of social behaviour.

Prerequisite: PSYC 2413

**PSYC-3423. Motivation and Emotion**

This course is intended as a general introduction to the properties and determinants of motivated behaviours and emotional states. Topics include physiology of motivational systems (e.g. hunger, thirst), the role of cognition in emotion, and the structure and mechanisms of emotion. Prerequisite: PSYC 2023.

**PSYC-3433. Psychology of Social Influence**

This course presents a review of psychological theory and research relating to the interplay between personal and social factors in the context of social influence. Fundamental theories and processes related to social influence, such as compliance, obedience, and the role of cognitive processes in social influence, will be covered. Specific topics, such as social norms, authority, media, cults, the role of moods in influence, and resisting social influence, may be considered. Prerequisite: PSYC 2413.

**PSYC-3523. Psychology of Gender and Gender Relations**

An introduction to contemporary issues related to differences in the experience and behaviour of females and males. Prerequisite: PSYC 2023 or permission of the instructor.

**PSYC-3533. Introduction to Industrial and Organizational Psychology (BUSI 3513)**

Industrial and Organizational (I/O) Psychology is an area of psychology focused on acquiring and applying knowledge of human behaviour in work contexts. In this course students will be introduced to the theories, methods, findings, and applications of industrial and organizational psychology. A comprehensive list of I/O topics will be covered using lectures, readings, class activities and assignments. Prerequisites: PSYC 2013 and 2023, or permission of the instructor.

**PSYC-3613. Models of Psychotherapy with Adults**

A survey of the principles and theories of counselling and psychotherapy, especially as methods of facilitating individual change. Major attention will be given to the various theories and the theoretical behaviour systems on which they are based. Attention will also be given to the goals, techniques, and the philosophy and concepts of each theory. Prerequisite: PSYC 2643.

**PSYC-3623. Adolescent Development**

A study of the developmental changes which mark human behaviour during the second decade of life. Physiological, intellectual, emotional, and social aspects of these changes will be explored from an ontogenic point of view. Factors affecting assumptions of sex roles will be considered. Prerequisites: PSYC 2613 and 2623, or permission of the instructor.

**PSYC-3633. Children, Adolescents, and the Media**

Canadian children and adolescents spend on average two to three hours per day in front of some kind of screen (including computers, video games, and televisions). This course critically examines how media use affects children and adolescents' mental health as well as their cognitive, emotional, and social development. Topics may include the media's effects on children and adolescents' violent behaviour, substance abuse, gender stereotyping, sexuality, body image, consumerism, and the potential benefits of the media. Prerequisites: PSYC 2613 and PSYC 2623.



**PSYC-3953. Quantitative Methods**

This course elaborates and extends the statistical procedures covered in PSYC 3933. Topics may include univariate and multivariate analyses of variance for different research designs, single and multiple correlations, as well as various regression procedures. Prerequisites: PSYC 2013 and 3933, or a full-credit course in statistics.

**PSYC-3963. History of Psychology**

This course is a general introduction to the history of psychology. We will explore some of the intellectual, social, and institutional reasons that psychology emerged when and where it did. Areas to be investigated include Wundt's contributions, functionalism, and behaviourism. Special attention will be given to the late 19th and early 20th centuries, because decisions were made then that affect us even today. Prerequisites: PSYC 2013 and 2023 or permission of the instructor.

**PSYC-3973. Introduction to Narrative and Narrative Analysis (SCWK)**

Framed around three key approaches to narrative this course will provide students with the basis on which to develop their understanding of narrative and their skills in narrative analysis. The three approaches are: the narrative study of lives; the narrative analysis of texts; and, the analysis of narrative dynamics. Through these approaches students will be introduced to the work of key narrative thinkers. The course, in content and delivery, reflects the inter-disciplinary nature of narrative.

**PSYC-4213. Seminar in Behaviour Management**

This course deals with the application of behavioural and cognitive-behavioural principles to areas of self-management and client management. The focus will be on applications of behavioural and cognitive-behavioural techniques to improve the quality of life and to manage behaviour. Prerequisites: PSYC 2013, 2023, and 2213, or permission of the instructor.

**PSYC-4223. Seminar in Psychology and the Law**

Psychological science impacts on most aspects of the legal process and psychologists are increasingly being asked to participate by providing knowledge to this system. This seminar course examines the application of psychological science to the justice system. Topics may include reliability of eyewitness testimony, repressed memories and the courts, children as eyewitnesses, psychological disorders and their effects on witness reliability. Prerequisites: PSYC 2013, 2023 and 2233, or permission of the instructor.

**PSYC-4243. Seminar in Behaviour Psychology**

A detailed examination of the assumptions, theory, and research in behavioural and cognitive-behavioural psychology. Prerequisite: PSYC 2013, 2023 and 2213, or permission of the instructor.

**PSYC-4253. Psychology, the Internet, and the Digital World**

This course examines the psychological interface between the individual and the Internet. This course may explore such issues as online relationship development and cybersex, self-presentation and impression formation, cyberbullying, Internet addiction, virtual reality and virtual societies, website design and effect, Big Data, health informatics, tele-health, and online technology in education. The emphasis will be on a broad understanding of how people understand, experience, and use the Internet while being affected by it. Pre-requisites: Psychology 2013, 2023, or permission of the instructor.

**PSYC-4263. Seminar in Cognitive Psychology**

Advanced exploration of theoretical and empirical work in one or more areas of cognitive psychology. Prerequisites: PSYC 2013, 2023 and 2263, or permission of the instructor.

**PSYC-4313. Seminar in Personality**

Advanced exploration of theoretical and empirical work in one or more areas of personality psychology. Topics of discussion may include: personality across the lifespan, normal versus abnormal personality traits, biological approaches to the study of personality, prediction of stress, and the use of personality in the workplace. Prerequisite: PSYC 2313, or permission of the instructor.

**PSYC-4323. Seminar in Romantic Relationships**

This course focuses on the lifecycle of romantic relationships – from initial attraction and the development of an attachment, to growth and maintenance of the relationship, to conflict and even dissolution. A social psychology perspective will be adopted, with an emphasis on understanding the basic processes involved in interpersonal relations. Classes will be heavily oriented toward discussing, presenting, and evaluating research in the field. Prerequisites: PSYC 2023 and 2413, or permission of the instructor.

**PSYC-4413. Seminar in Prejudice and Discrimination**

A seminar course dealing with some of the dynamics of prejudice and discrimination. The topics include the development of prejudice, the prejudiced personality, and societal efforts to cope with the problems of prejudice. While the main focus will be on North America, some consideration will be given to material derived from other societies. Prerequisites: PSYC 2013, 2023, 2413 and 2423, or permission of the instructor.

**PSYC-4423. Seminar in Social Psychology**

Exploration of theoretical and empirical work in one or more areas of social psychology. Prerequisites: PSYC 2013, 2023 and 2413, or permission of the instructor.

**PSYC-4433. Seminar in Women and Mental Health (GEND 4433)**

This course will review and critically examine the theory and research in the area of women's mental health. Developed from a feminist perspective, this course will explore women's and girls' experiences of mental health and distress, and the ways in which these experiences have been conceptualized in clinical psychology. Topics include gender and the social determinants of health, problems prevalent among women (e.g., depression, eating disorders, personality disorders), and feminist approaches to intervention. Prerequisite: PSYC 2643, or permission of the instructor.

**PSYC-4443. Seminar in Environmental Psychology**

Building upon PSYC 2443 Environmental Psychology, this seminar explores in greater detail the contributions psychology can make to the resolution of a broad range of environmental crises. The course will examine key values, attitudes, and behaviours that would support a sustainable future, and the contributions that psychology can make to the promotion of a sustainable future. Prerequisite: PSYC 2013, 2023, and 2443, or permission of the instructor.

**PSYC-4453. Seminar in Stress and Health**

This seminar focuses on an advanced understanding of stress and health. Students will be exposed to the theories, research methods, and findings related to stress, as well as the relationship of stress to health and health behaviour, and coping. Topics may include the measurement of stress and health, as well as academic, workplace, and relationship stress.



**PSYC-4873. Identification and Remediation of Learning Disabilities**

Attention will be given to familiarization with methods of assessment, theories of origin, and remedial programs for learning-disabled children. Prerequisites: PSYC 2013 and PSYC 2023, or permission of the instructor.

**PSYC-4883. Independent Study**

A course of independent study under supervision of the Psychology Department which affords the student the opportunity to pursue an in-depth study of an area of interest through special reading or research projects. Arrangements may be made by agreements with members of the staff and approval of the Chair. 6 or 3 credit hours, depending upon the project. Prerequisites: PSYC 2013 and 2023, or permission of the instructor.

**PSYC-4963. Seminar in the History of Psychology**

In this course we will explore in some depth specific problems in the history of psychology. After surveying key issues in doing and writing historical research, students will examine particular aspects of the history of the discipline. Possible topics include the development of investigative practices, professionalism, and boundary disputes with other disciplines. Prerequisite: PSYC 3963.

**PSYC-4996. Honours Thesis**

The student will conduct an individual research project with guidance from the Department. Some classes will be held to acquaint Honours candidates with problems in research design. PSYC 2013, 2023, 3933, and 3943 are prerequisites. A minimum grade of B is required in each of these courses.

